

OTTER TRAIL GUIDE

TIDES JAN 2025

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0520	1943	0455	1703	1046	2310
2	0521	1943	0533	1742	1126	2345
3	0522	1943	0612	1821	1208	---
4	0522	1943	0654	1902	0022	1252
5	0523	1943	0740	1946	0100	1341
6	0524	1944	0831	2038	0143	1437
7	0524	1944	0932	2144	0233	1545
8	0525	1944	1048	2321	0340	1716
9	0526	1944	1211	---	0522	1849
10	0527	1944	0102	1324	0703	1956
11	0528	1944	0211	1424	0809	2047
12	0529	1944	0303	1516	0901	2130
13	0529	1943	0348	1601	0946	2208
14	0530	1943	0428	1641	1026	2242
15	0531	1943	0504	1717	1101	2313
16	0532	1942	0538	1748	1134	2342
17	0533	1942	0609	1817	1205	---
18	0534	1942	0639	1845	0009	1235
19	0535	1942	0708	1913	0037	1307
20	0536	1941	0740	1944	0105	1342
21	0537	1941	0817	2024	0138	1426
22	0538	1940	0906	2125	0220	1527
23	0539	1940	1020	2333	0324	1715
24	0540	1939	1202	---	0524	1908
25	0541	1939	0122	1320	0708	2003
26	0543	1938	0214	1415	0803	2043
27	0544	1938	0254	1459	0846	2119
28	0545	1937	0332	1540	0925	2153
29	0546	1936	0409	1619	1003	2226
30	0547	1935	0446	1657	1041	2259
31	0548	1934	0523	1733	1119	2332

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

